



ENGADINE WEST PUBLIC SCHOOL
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15 March 2024

Year 5 Milson Island Sport and Recreation Centre Camp 2024
Final Reminder and Packing Information

Dear parents/carers

We are looking forward to our Year 5 camp at Milson Island Sport and Recreation Centre from Tuesday 2 April to Friday 5 April 2024 (Term 1 Week 10).

Please find below relevant information for the lead up to camp:

- The bus will depart Engadine West Public School at 7.15am on Tuesday 2 April 2024. **All students must be at school by 6:45am** to allow for time for all luggage to be loaded. Students will meet their teacher on the grass outside the Care Centre (Ridge Road) to have their name marked off the attendance roll and medication collected (if required).
- All previously completed online medical information has been transferred to the Milson Island Sport and Recreation Centre. If your child requires medication whilst on camp this should have been recorded on their online medical and consent form. If medication requirements have changed since the form was completed, please contact your child's class teacher. Please bring all medication, clearly marked in its original packaging/container in a snap lock bag with your **child's name and clear instructions (ie exact times that the medication should be taken)**. This must be handed to your child's teacher on arrival at school on Tuesday 2 April 2024. Students are not to carry their own medication with them except for students requiring asthma inhalers or Epipens. Students will carry their asthma inhalers and Epipens with them during ALL activities whilst on camp.
- Our expected return time to Ridge Road on Friday 5 April 2024 is approximately 4.00pm. An update will be posted on the school's Facebook page and Skoolbag app. No parking on the eastern side of Ridge Road between the crossing and the Buckle Avenue corner please.
- We suggest that your child is with you when packing for camp; please use the checklist of items found on the reverse side of this information sheet. Please note that valuable items such as mobile phones, smart watches, iPads, music devices and handheld games are not permitted at camp. Cameras and money are not required on camp. Any valuable item which your child brings will be their own responsibility. Neither the teachers nor Milson Island Sport and Recreation Centre staff will be held responsible for the damage or loss of any item.
- All food is provided by the Milson Island Sport and Recreation Centre. **Lollies are not to be brought to camp.** If a student is found with lollies, they will be confiscated and returned **to parents** on arrival at school. Students **must bring their own pillow, pillowcase, sheet set, and sleeping bag or doona that fits in their bag** (please practise unpacking and packing the sleeping bag). Milson Island Sport and Recreation Centre does not provide any of these items.
- The activities in which students will be participating include BMX bike riding, fencing, beach play, archery, raft building, kayaking, an obstacle course, bushwalking and damper cooking. Enclosed footwear is required during all activities including kayaking. Reef water shoes are acceptable during kayaking.
- Contacting your child whilst on camp is not recommended and students are not permitted to bring mobile phones. Teachers have all emergency contact numbers to call you if needed. In the case of extreme emergencies, please contact the school where they will make suitable arrangements to contact staff at Milson Island Sport and Recreation Centre. When possible, teachers will post updates on the school Facebook page; **there is limited Wifi**.

We understand that some students find it difficult to eat breakfast so early and prior to travel on Tuesday 2 April 2024. Students are welcome to bring something small to eat when we arrive at Kangaroo Point prior to the ferry ride to Milson Island. If your child suffers from motion sickness, please inform their class teacher prior to our departure. If you have any concerns about your child or any further questions, please speak with your child's teacher. We are looking forward to an enjoyable four days at camp. Further information for parents can be found via this link:

<https://www.sport.nsw.gov.au/facilities/schools/parent>.

Year 5 Milson Island Camp 2024
Final Reminder and Packing Information (continued)

COVID-SMART measures for Year 5 camp:

- Students are encouraged to take a rapid antigen test (RAT) prior to boarding the bus. Students who test positive at this point should not attend camp until they are symptom free
- Students who have been exposed to COVID-19 is to undertake a RAT before boarding the bus for camp
- Students and staff are encouraged to wear a mask on the bus
- Staff will be taking additional rapid antigen tests (RATs) to camp
- Any student or staff member exhibiting COVID-19 symptoms whilst on camp will be rapid antigen tested (RAT)
- If a student tests positive to COVID-19, parents/carers will be contacted to collect confirmed cases if they are symptomatic
- Information will be shared with parents/carers of students who may have been exposed to someone with COVID-19 (eg in shared accommodation)

Please note: there is a higher likelihood for secondary cases if there is a COVID-19 exposure at camp.

Luggage should be limited to one bag equivalent in size to airline 'carry on' luggage with a maximum weight of 10kg with a separate sleeping bag, plus a small backpack per child. Remember, your child will be required to carry their luggage so it is essential to make sure it is not too big or heavy. Limiting luggage size and weight is especially important when visiting Milson Island Sport and Recreation Centre as luggage will be handled multiple times throughout the journey. Please label all clothing, towels and sleeping bags with your child's name and class.

Please see below for a suggested checklist of luggage items - please pack enough clothing for four days:

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| <input type="checkbox"/> Shorts, and t-shirts with sleeves | <input type="checkbox"/> Sun hat and sunscreen |
| <input type="checkbox"/> Jeans or leggings | <input type="checkbox"/> Two towels (bath and swimming) |
| <input type="checkbox"/> Jumpers and tracksuit pants | <input type="checkbox"/> Pillow, pillow case, single sheet, sleeping bag and/or doona that fits in their bag |
| <input type="checkbox"/> Raincoat/spray jacket | <input type="checkbox"/> Toiletries (including soap), tissues and insect repellent (non-aerosol) deodorant (non-aerosol) |
| <input type="checkbox"/> Warm jacket | <input type="checkbox"/> Plastic bag for wet clothes |
| <input type="checkbox"/> Underwear and socks | <input type="checkbox"/> Paper, pen, pencils, reading book |
| <input type="checkbox"/> Pyjamas | <input type="checkbox"/> Torch |
| <input type="checkbox"/> Swimming costume and rashie shirt | <input type="checkbox"/> Water bottle |
| <input type="checkbox"/> Two pairs of running shoes (one pair suitable for water activities) | <input type="checkbox"/> Day backpack |
| <input type="checkbox"/> Hand sanitiser | <input type="checkbox"/> Medications in original packaging clearly marked with name and instructions (if required) |

Please note the following items are **not permitted**:

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| - Aerosol cans | - Jewellery |
| - Mobile phones or other electrical devices | - Anything valuable |
| - Lollies and chewing gum | |

Year 5 Teachers


Sue Roach
Principal